

HOPE
for a healthy life—
for you,
for your family, and
for your community



Schwarz
WELLNESS CENTER

We help you discover
hope, healing and wholeness

Pamala Kay Schwarz
NATUROPATH

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FREE HEALTH SEMINARS

Do you feel like there is more to good health than what you have been taught? You're right! Come and hear vital information necessary to regain and maintain vibrant health. Learn about what lifestyle habits and foods you might be consuming that are actually causing disease and sickness.



Come and listen to life changing insight and practical instruction. Discover proven and positive health alternatives that will impact not only your generation but those to come. You will benefit from hearing about diet, nutrition, lifestyle, and solutions to treat chronic disorders of the human body.

The third Monday of every month at 6:30pm

February 15th | March 15th | April 19th | May 17th | June 21st

These seminars are free and begin promptly at 6:30pm.

Edwards Mansion Garden Room

2064 Orange Tree Lane | Redlands, CA 92374

RSVP is appreciated but not required.

909.793.7900

Check our website calendar for current dates:

www.schwarzwc.com/news



PAMALA KAY SCHWARZ is a traditional Naturopath. She has a degree from Trinity College of Natural Health and is a Certified Natural Healthcare Practitioner. She is not a medical physician but rather a natural healthcare practitioner who uses drugless therapies for the purpose of facilitating healing in the human body. Pamala is an advanced certified practitioner of N.A.E.T. (Nambudripad's Allergy Elimination Technique)—a natural, non-invasive, and painless method to eliminate allergies. She is also a board certified holistic health practitioner by the American Association of Drugless Practitioners. For her contribution toward furthering the cause of allergy elimination, Pamala received the Award of Excellence presented to her by Dr. Devi Nambudripad and the Nambudripad's Allergy Research Foundation.